



## Just and Reasonable

Promoting good governance in BC's energy sector

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Welcome to the Just and Reasonable newsletter, I hope everyone had a good Remembrance Day long weekend.

As always, please forward this email to anyone you think might find it interesting. It's free, there's no advertising, and the email list will not be shared.

"The Editor"

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## News

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The BC Utilities Commission (BCUC) issued its [decision](#) on which of BC's two largest electricity utilities should play the Planning Coordinator role for the bulk electricity system in the province under the North America-wide Mandatory Reliability Standards program. Despite reservations about the effect on reliability, the BCUC directed that they will share the role.

An [analysis](#) by the Energy Institute at Haas concludes that time-of-use rates can induce "sizeable reductions" in peak period demand for electricity.

The International Energy Agency published its 2024 Energy Efficiency [report](#). Global energy efficiency progress is set to see only "weak improvement" of 1 percent in 2024, the same rate as 2023.

Efficiency Canada released a [report](#) highlighting how Canada's energy efficiency programs could be more effective if natural gas and electricity were not treated as separate "fuel silos".

The Canadian government [announced](#) draft regulations to limit greenhouse gas emissions from the nation's oil and gas production. The intent is to create a "cap and trade" system, with emissions capped at 35 percent below 2019 levels. Final regulations will be published next year.

The US Energy Information Administration [forecasts](#) that generation from US hydropower plants in 2024 will be 13 percent lower than the 10-year average, largely due to droughts, especially in the Pacific Northwest.

The BCUC [ordered](#) Creative Energy to provide more information before it would review the utility's application for thermal energy rates for the Butterfly property development in Vancouver. Among other issues, the proposed terms of service are for delivery of steam, while the service actually delivers hot water.

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## Feature



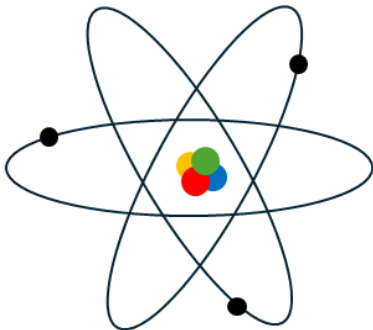
## BCUC reverses yet another BC Hydro regulatory decision

Evidence is mounting that the BC Utilities Commission is no longer independently regulating the provincially owned electricity utility.

[Read the article](#)

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## Recent



## BC should reconsider its opposition to nuclear energy

We're going to need a lot more electricity from somewhere, and the nuclear option is looking increasingly credible.

[Read the article](#)

## Events



PACIFIC ENERGY INNOVATION ASSOCIATION

### PEIA Energy Breakfast Meeting

The Pacific Energy Innovation Association will hold a breakfast meeting at 7:30 am on Tuesday, December 10, 2024. The subject is "Overview of the design and construction of the Site C Clean Energy Project."

[See all upcoming events](#)

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# Diversion

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Here's a good fall recipe for braised lamb shanks, in a tomato-rich sauce. The recipe serves two, with enough sauce for four (I like a lot of sauce!).

## Ingredients:

- 2 lamb shanks
- Salt and ground black pepper
- 2 tbsp olive oil
- 1 finely diced yellow onion
- 3 finely diced cloves of garlic
- 1 cup finely diced carrot
- 1 cup finely diced celery
- 2.5 cups red wine
- 28 oz crushed tomatoes
- 2 tbsp tomato paste
- 2 cups chicken stock
- 2 tsp dried thyme
- 2 sticks cinnamon
- 2 dried bay leaves

## Instructions:

- Pre-heat oven to 350 F.
- Pat lamb shanks dry and season with salt and pepper
- Brown lamb all over in 2 tbsp olive oil over high heat; remove lamb
- Sauté onion and garlic for 2 minutes
- Add carrot and celery and cook for 5 minutes
- Add remaining ingredients and bring to simmer
- Cover and bake in oven for 2 hours
- Uncover for an additional 30 minutes
- Remove lamb, keep warm
- Strain sauce, pressing vegetables through as much as possible
- Simmer sauce to thicken if necessary
- Serve lamb with mashed potatoes and top with sauce

[justandreasonable.com](http://justandreasonable.com) | 8567 Seascapes Lane | West Vancouver, BC V7W 3J7 CA

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