



Just and Reasonable

Promoting good governance in BC's energy sector

Welcome to the Just and Reasonable newsletter.

We will be taking a short break, and will return in October with more independent analysis of BC's energy legislation, regulation and policy.

Please forward this email to anyone you think might find it interesting.

"The Editor"

News

FortisBC [announced](#) it is seeking to acquire up to 1,100 gigawatt hours of electricity as soon as 2030. The utility is looking for lower-carbon and renewable energy projects of 5 megawatts or greater to supply its demand in the south interior region of BC.

The BCUC [accepted](#) an energy supply agreement submitted by FortisBC Energy Inc., but the supplier's name and product were redacted from the acceptance order. Intriguing.

Feature

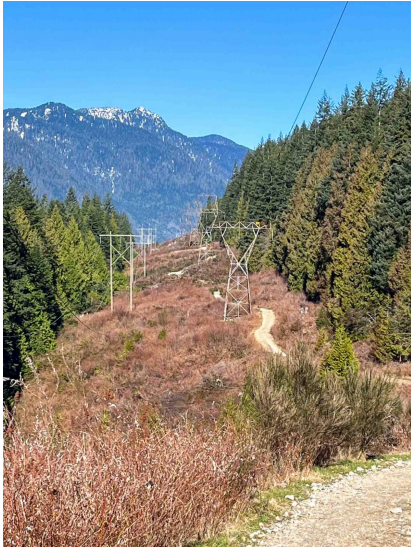


BC Hydro forced to rely on electricity imports last year

The drought caused BC Hydro to import \$1.4 billion-worth of electricity last year. Profits from its energy trading subsidiary will subsidize the additional cost for now, but we should consider improving our electricity self-sufficiency.

[Read the article](#)

Recent



BC Hydro's operating expenses are growing too fast for comfort

BC Hydro's operating expenses are rising considerably faster than inflation. This will work its way through to increased electricity rates.

[Read the article](#)



BCUC approves FortisBC Fruitvale substation project

After detailed scrutiny by the BCUC, FortisBC's Fruitvale substation project will go ahead, despite local opposition.

But are the BCUC and the government applying the same standards to BC Hydro's projects?

[Read the article](#)

Knowledge base

Just and Reasonable contains short articles on regulatory topics. This week:

[What are interim rates?](#)

Events



IPU Accounting and Ratemaking Course

Michigan State University's Institute of Public Utilities conducts its Accounting and Ratemaking course (remotely) from September 17 to 19, 2024.



PACIFIC ENERGY INNOVATION ASSOCIATION

PEIA Energy Afternoon Meeting

The Pacific Energy Innovation Association is holding an Energy Afternoon Meeting at 3:30 pm on Monday, September 23, 2024. The subject is "UBC Solar: Insights on Solar Power in Transportation and Development of Sustainability Leaders."

[See all upcoming events](#)

Diversion

My favourite lentil recipe.

Ingredients:

- 2 tsp olive oil
- 2 leeks, finely chopped
- 1 clove garlic, chopped
- 1 14-oz tin of lentils, drained
- 1/2 cup chicken broth
- 1 or 2 tbsp tomato paste
- 1 or 1 1/2 tbsp Dijon mustard
- 1/4 tsp thyme
- Juice of 1 lemon
- Salt and pepper
- 1 or 2 handfuls of fresh spinach

Instructions:

1. Heat the olive oil in a skillet.
2. Add the leeks and sauté until softened.
3. Add the garlic and cook for 1 minute.
4. Add the lentils, chicken broth, tomato paste, mustard, thyme and lemon juice. Season with salt and pepper.
5. Reduce heat to medium / low and simmer until most of the liquid is absorbed, about 12 minutes.
6. Stir spinach into the lentil mixture until wilted, then remove from heat.
7. Serve topped with baked halloumi or salmon. Or whatever.



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